

# PROSPECT – BROADVIEW BOWLING CLUB NEWS AND VIEWS

October 2015



After a testing 5 week period of trial games pennant matches finally get underway this Saturday. The selectors have been very diligent in assessing the relative merits of each player and now have a pretty good idea of how the teams will line up.

It will be another challenging year with many of our teams being promoted to higher Divisions. The welcome influx of new players will certainly help and has resulted in us entering additional sides in Saturday(6) and Wednesday(4) competitions.

The **Pennant Fixture** has been issued and reissued several times due to various Clubs having trouble with firming up on player numbers. Hopefully that is now sorted out. Our scheduled games can all be [found on our web site](#) under the *Competition Teams* heading.

**Bowls SA** is no longer issuing a booklet outlining conditions of play, etc. Tom has posted to our website and can be found following the path *Home/Bowls SA* All pennant bowlers should read.

**Night Owls** kicks off next week and again we will have a lot of new faces around the club. We do need volunteers to help out so if you have a spare couple of hours Tuesday evenings please see Rose. If you know of anyone wanting a game put them in touch with the club.

As a final club promotion before season commencement we have been doing letterbox and business drops of a high class **promotional pamphlet**. Thanks to Chris Edwards of '[Color On Demand](#)' for cost price graphic design and printing. Thanks also to those who assisted with deliveries.

Tom Sandery is at the club every Tuesday at 9.30am to attend to any grounds and clubhouse **maintenance issues** needing attention. He has a few valuable helpers but could always use more.

Don't forget to get your teams and nominations together for the upcoming **fours days**. These are big events, and very enjoyable days, so don't miss out.

- Men's Gordon Winkley fours Mon 9th Nov
- Ladies Medley fours Monday 16th Nov

Those wishing to play **Taylor Bowls** this season can add their name to the listing on the club notice board. Games are played Sunday nights between 6pm and 9pm in an open gender pairs, triples and fours format. See web site for more details.

A reminder that the club is open **Friday nights** from 5-ish for social drinks and meals. The members draw will be on again and held each week starting at \$50 and jackpotting \$20 each Friday. To win the money you have to be present at the time of the draw.

**Taking A Dump at Payneham.** Following a trial match at Payneham recently one of our team managers was issued with a notice asking that our bowlers don't take a dump on their nice DALES PRO WEAVE 1000 synthetic greens. When told this I was rather taken aback thinking the Prospect-Broadview bowler is far too refined to even contemplate such a thing (although I think you will agree the greens do need slowing down a bit). On further examination of the notice the definition of dump for their purposes is as follows "a bowl that when delivered is likely to cause heavy impact to the bowling surface". Payneham (and Gawler) provide dump mats for those who cannot modify their action. If you think you are in this category, and to avoid any embarrassment, ask for one of these before you use their greens. Bowls SA has [a policy on this subject](#)

Margie Hilton prepares **grant submissions** on behalf of the club. Her latest success was in receiving \$15,000 which will go towards a much need greens roller and upgraded toilets. Well done Margie.

You may have seen some of our bowlers using a small dot sticker on the bias side of the bowl. In February Bowls SA posted an advice indicating that the requirements for the use of adhesive markings temporarily fixed to a bowl (ie. **Bowls stickers**) have changed with the introduction of the Crystal Mark 3rd Edition of the Laws of the Sport of Bowls. [Click here](#) for further information.

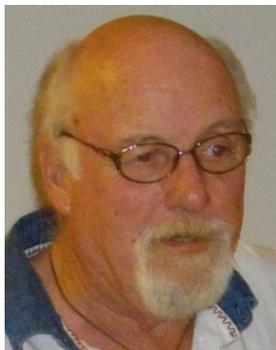
**Coming very soon** a member information night. An interactive information and vision sharing evening for all. Don't miss. New members should find this most useful.

>>> Major League Team Manager **Trevor Dale** attempts to rally the troops back onto the Payneham field of play despite inclement weather. Try as he might the troops turned tail and retired to the bar.>>



<<< "Hope they don't pick me for the top side on Saturday. Don't want to miss out on those magnificent PBBC sandwiches dished up each week".

>>>Photo of **Judy Uren** and daughter Ali taken at [Eilean Donan Castle](#) in the Scottish Highlands on their recent trip to the UK without the boys. "Enjoyed the mother and daughter experience especially when shopping - no 'What do you want that for?!?! You've already got one of those, How much is that etc" (editors note: heard that the excess baggage cost was a bit on the high side)



<<<**John Bevin** media personality will provide weekly Messenger Newspaper match reports on our Saturday Major League team. These will appear in the City North edition. John also conducts an 8am Sunday Morning radio bowls show on Coast FM 88.7 in which our club will be mentioned. On top of that he presents an on-line bowls talk program 'Around The Greens' which plays from Wednesdays each week on the Bowls SA web site.

>>> Great to see a couple of youngsters amongst our many new bowlers. **Cooper Ferguson** (pictured) is the son of Lee, and **Riley Kruger** a local schoolboy has joined with his father Graeme, who previously played at Underdale. Riley and Graeme are shown on page 4. Stick with it boys, in a couple of years you will be the stars of the club.>>>



>>>**Bob Turner and his Magic Wand 'The Terminator'** (look closely)



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## COACHES CORNER Developing a Routine.

*A mate of mine is a real good bowler and a great coach. Here are a few of his thoughts on developing a reliable routine.*

A sound routine is absolutely critical in lawn bowls. When we talk about routine, we specifically mean our pre-shot routine and delivery. We want to be able to rely on our routine especially when under pressure. A flawless routine and delivery will enable us to achieve a higher percentage of good shots.

Visualisation is the few seconds spent behind the mat where you imagine the shot to be played before delivery. We then need to enter the mat with consistent and repetitive footwork. Moving millimetres on the mat will upset our visualisation and result in feeling uncomfortable. This feeling will impact on the likely success of the shot and you should retreat and start again.

We should always enter the mat with our non stepping foot. This foot should point in the direction of our line. The stepping foot will then follow and line up parallel with the non stepping foot. Once visualisation and stance are complete we need to revisit our aiming point at least two more times. Your initial focus will be on your aiming point. You then glance back for familiarisation of length and when comfortable focus back on the aiming point.

From here we are able to draw our eye line back to a spot on the green approx 2-4 metres in front of the mat. This becomes our focused eye point. You will stare at this point until your bowl reaches, crosses and passes the spot. The backswing needs to be deliberate and purposeful. The pendulum swing is useful for green speeds of 13-16 seconds but is limited on ultra-slow or ultra-fast greens. For this reason I encourage a swing that changes speed depending on the green speed. You will have exactly the same starting point with your bowl, deliberate backswing to the same point and proceed to follow through to the same point. Your delivery should be exactly the same, merely faster or slower depending on green speed.

Our flowing forward swing will be aimed directly at our focused eye point and the follow through will extend until the hand reaches the line. A jolting or flicking style will affect the quality of our weight.

Early analysis is conducted on line as we watch the bowl pass over our focused point. Once the bowl clears this spot we can lift the head and begin analysing the weight of the bowl.

This routine takes 15-20 seconds to complete. Put simply it goes as follows:

1. Stand behind the mat and select a line point on the bank. Pay attention to whether the mat has moved and adjust accordingly (1 mat in for every 4 mats up)
2. Enter the mat with the non stepping foot in line with the intended bowl direction. Bring the other foot to be alongside.
3. Focus on line then look at the jack for distance and return to the fixed distant aiming point.
4. Bring eye line down to the focus point on the green and bowl over that spot.
5. Watch the bowl pass over or miss the spot.
6. Analyse weight of the bowl until it comes to rest, noting any quicker or slower parts on the green.
7. Make mental notes of any failure in line or weight and attempt to correct as necessary with the next bowl.

*This same mate is somewhat single minded and not all that worldly, particularly in the romantic sense and relating to the fairer sex. He is a single man and recently took up with a new lady and they seemed to hit it off*

When they discovered they lived in the same suburb, only a kilometre apart, our coach was ecstatic. He immediately started asking her out. Within a couple of weeks, he had taken Nancy (real name withheld) to dance clubs, restaurants, concerts, movies, and museums. He became convinced that Nancy was indeed his soul mate and true love. Every date seemed better than the last.

On the one-month anniversary of their first dinner he took Nancy to a fine restaurant. While having cocktails and waiting for their salad, he said, "I guess you can tell I'm very much in love with you. I'd like a serious talk before our relationship continues to the next stage. So, before I get a box out of my pocket and ask you a life changing question, it's only fair to warn you, I'm a total bowls nut. I play bowls, I read about bowls, I

coach bowls, I watch bowls on TV. In short, I eat, sleep, and breathe bowls. If that's going to be a problem for us, you'd better say so now!" Nancy took a deep breath and responded. "Honey, that certainly won't be a problem. I love you as you are and I love bowls too; but, since we're being totally honest with each other, you need to know that for the last five years, I've been a hooker." He replied. "I bet it's because you're not keeping your arm and wrist straight on delivery. I have the perfect set up routine to overcome that".

## A BIG WELCOME TO OUR NEW PLAYERS FOR SEASON 2015-16



new players not shown will be pictured next issue



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*'The Friendly Club'*

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